



GRADES
3-4

fireflies

A Safety Newsletter For Kids

Produced by Your Local Fire Department & Northwest Fireflies

Use Your HEAD

Riding bicycles, scooters, skateboards and skates can be fun. But if you fall off one of these, you could hurt your head! Do the math problems below to figure out the safety tips.

A=1, B=2, C=3, D=4, E=5, F=6, G=7, H=8, I=9, J=10, K=11, L=12, M=13, N=14, O=15, P=16, Q=17, R=18, S=19, T=20, U=21, V=22, W=23, X=24, Y=25, Z=26

17	13	7	39	3	49
- 9	- 8	+ 5	-26	+ 2	-29

1 Always wear a _____

20	25	1	14
-12	-20	+ 0	-10

2 It is important to protect your _____

35	12	33	17	12	37	11	3	16
-17	+ 9	-21	-12	+ 7	-19	+ 4	- 2	-12

3 Learn the _____ of the _____

22	1	8	17	25	42	28	11	42	9	30
-14	- 0	+ 6	-13	- 6	-33	-21	+ 3	-41	+ 3	-11

4 Use appropriate _____



Answers: 1. helmet, 2. head, 3. rules, 4. hand signals

Word Find Puzzle

Bicycling is fun! Circle all the bicycle and safety words you can find. Words are listed at the bottom of the page. **Warning:** They can also be diagonal and backwards!

E L C Y C I B L K F S N M S S K
 S T O P T T E L F U T F C A R I
 T C H F E F A R G N E D W F A U
 J O L K T W S K Y Y E I B E B K
 M A S T S B Z R Q H R G T T E L
 G A U S R E F L E C T O R Y L O
 B R O N S B L P Z K S I M T D T
 N R I N Y I H T E X N T R S N H
 C D G G D K D W L D U O P E A G
 A I T C H E L M E T A O B F H I
 S M A U A T N J V E K L V A N L
 Y I E L D I T F B E D N S S U Q
 D K S N R M H U S E W I I T H B
 E K A R B E X R R O L D R A Q A
 N R O H S D S W L N O L Z J H R
 U H R F Z R Y S L Q U E Z O V C

